

## **National Association of Social Workers, Guam Chapter Announces Guam Behavioral Health and Wellness Center Employee as Social Worker of the Year**

HAGATNA, GU—*The National Association of Social Workers (NASW) Guam Chapter announced Lynnette Mendiola Arriola*, a Licensed Psychiatric Clinical Social Worker of the Child, Adolescent Services Division (CASD), and the I Famagu'on-ta Program of the Guam Behavioral Health and Wellness Center (GBHWC), as the **2018 NASW Social Worker of the Year** at the NASW Awards Banquet held on March 17, 2018 at Westin Resort Guam. The Social Worker of the Year award honors a member NASW, Guam Chapter who exemplifies the best of the profession's values and achievements through specific accomplishments.

With a ten-year experience in the field, Ms. Arriola has become a Licensed Clinical Social Worker (LCSW) with the State of Hawaii, and a Licensed Profession Counselor (LPC) with the Guam Allied Health Board. She provides individual and group therapy to children ages 5 to 18 and works with their families as well. She teaches emotional regulation, mindfulness and other positive coping skills. Ms. Arriola is continuing her skills training and plans to be certified in Play Therapy and Trauma Focused Cognitive Behavior Therapy to enhance the treatment modalities available to young people and their families on island.

In addition, Ms. Arriola is an active member of the Guam National Association of Social Workers (NASW) and is currently serving as a secretary for the organization. She continues to be a strong advocate and a leader in advancing the Guam social work profession in having social workers licensed. She is also very involved with CASD and I Famagu'on-ta in planning, organizing and implementing activities to foster therapeutic activities with young people and their families.

For more information about the NASW Social Worker of the Year Award, visit <https://www.naswguam.org/>

### **About NASW, Guam Chapter**

NASW promotes quality, integrity, unification and effectiveness of the Social Work profession while supporting social workers in their mission to serve diverse populations and to ensure justice, equality, and opportunity for all citizens of the state



*Lynnette Mendiola Arriola, NASW 2018 Social Worker of the Year*