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GBHWC Expands Holistic Care with Dual Board-Certified Specialist – Dr. Shanta'i McDermott

[Tamuning, Guam] – Guam Behavioral Health and Wellness Center (GBHWC) is pleased to welcome Shanta'i McDermott, DNP, AGPCNP-BC, PMHNP-BC, to its professional support staff. Dr. McDermott is a dual board-certified Nurse Practitioner specializing in both Adult-Gerontology Primary Care and Psychiatric Mental Health across the lifespan. Her arrival is a critical step in achieving GBHWC's vision of a holistically healthy community, as she brings 12 years of experience providing patient-centered care that seamlessly integrates medical and psychiatric expertise.

Dr. McDermott earned her Doctorate in Nursing Practice from the University of North Carolina at Chapel Hill and is committed to providing evidence-informed treatment with an emphasis on holistic care. Her clinical focus includes the assessment and management of serious mental illness, mood and anxiety disorders, and trauma-related conditions. She is deeply passionate about helping patients achieve long-term stability and improved quality of life through compassionate and culturally responsive treatment.

“Dr. McDermott's arrival is a pivotal step in our efforts to provide whole-person care to our island,” said GBHWC Director Carissa Pangelinan. “Our mission is to provide inclusive, quality services that strengthen the wellbeing of our community, and her unique ability to manage the intersection of physical and mental health needs is a major win for the families we serve.” Dr. McDermott's presence reinforces GBHWC's commitment to improving access to high-quality primary and mental health services for all residents on Guam.

For more information, visit gbhwc.guam.gov or contact GBHWC at 671-647-5400.

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