

GUAM BEHAVIORAL HEALTH AND WELLNESS CENTER

FY 2022 CITIZEN-CENTRIC REPORT

OCTOBER 2021 - SEPTEMBER 2022

THROUGH THE YEARS

1983

The Department of Mental Health and Substance Abuse was created.

2013

Pursuant to Public Law 32-024, Bill No. 73-32, the Department was renamed to Guam Behavioral Health and Wellness Center (GBHWC).

2014

Embarked on its journey towards accreditation.

2015

Developed and implemented the use of electronic behavioral health records.

2016

Provided Mental Health First Aid (MHFA) training for our service partners and the community. Developed and implemented the Quality Improvement Program.

2017

First Government of Guam agency awarded the 3-year accreditation by the Commission on Accreditation for Rehabilitation Facilities (CARF).

2018

Established Medically Assisted Treatment (MAT) and Community Home-Based (CHB) programs.

2019

Hired the first full-time Pharmacist. Opened Billing office. Became a certified National Health Service Corps (NHSC) site.

2020

Established 24-hour crisis hotline and intake services. Started telehealth services. Opened an inpatient isolation home known as the Warrior Unit.

2022

Transitioned to the 988 National Suicide and Crisis Lifeline, allowing for community to call, text, or chat with local mental health professionals for immediate emotional support.

The role of Guam Behavioral Health and Wellness Center (GBHWC), as the single state entity, is to provide mental health services to the population of Guam either as a direct provider of services or contract services out and have a regulatory role.



A CARF Accredited Department

OUR MISSION

Our mission is to lead and foster culturally respectful and inclusive quality behavioral health services that strengthen the wellbeing of our community.

OUR VISION

Our vision is to have a safe, supportive and holistically healthy community.

STRATEGIC GOALS

- Continuously provide and expand comprehensive community-based behavioral health services.
- Expand community partnerships to effectively meet the needs of the island community and to increase the public's awareness of behavioral
- Effectively re-integrate consumers into the community. Provide safe, effective and evidence-based behavioral health services that will improve the quality of consumer care.

LEADERSHIP



THERESA ARRIOLA, MBA
Director



CARISSA PANGELINAN, MPA
Deputy Director

In 2019, Arriola and Pangelinan were appointed by the Leon Guerrero Tenorio administration to serve as Director and Deputy Director of Guam Behavioral Health and Wellness Center. Under their leadership, with a support staff of 279 employees, about 71% of which provide direct care services. GBHWC continues its mission to improve access to critical behavioral health services.

WHO WE SERVE



4,119

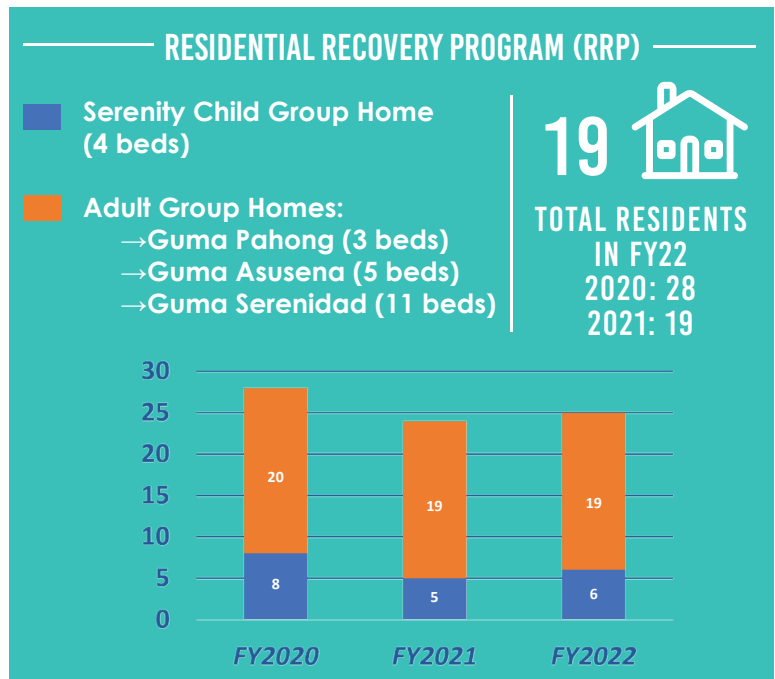
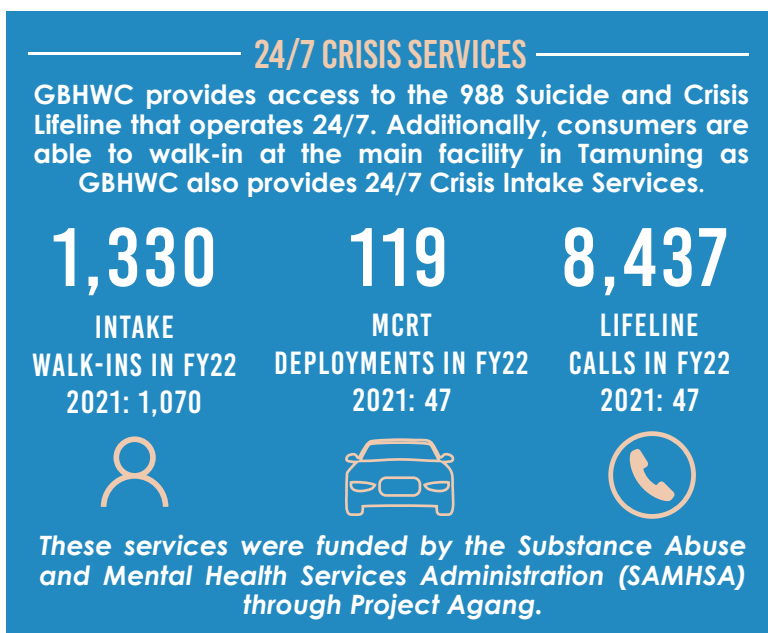
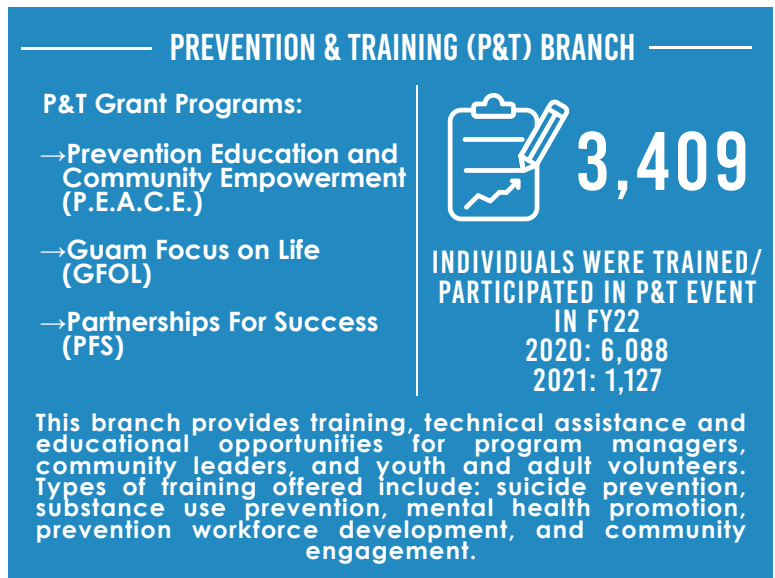
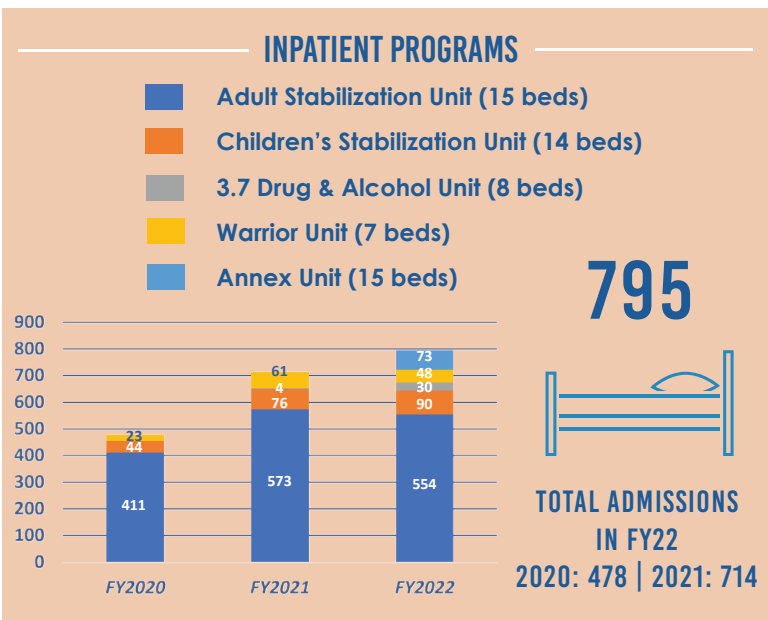
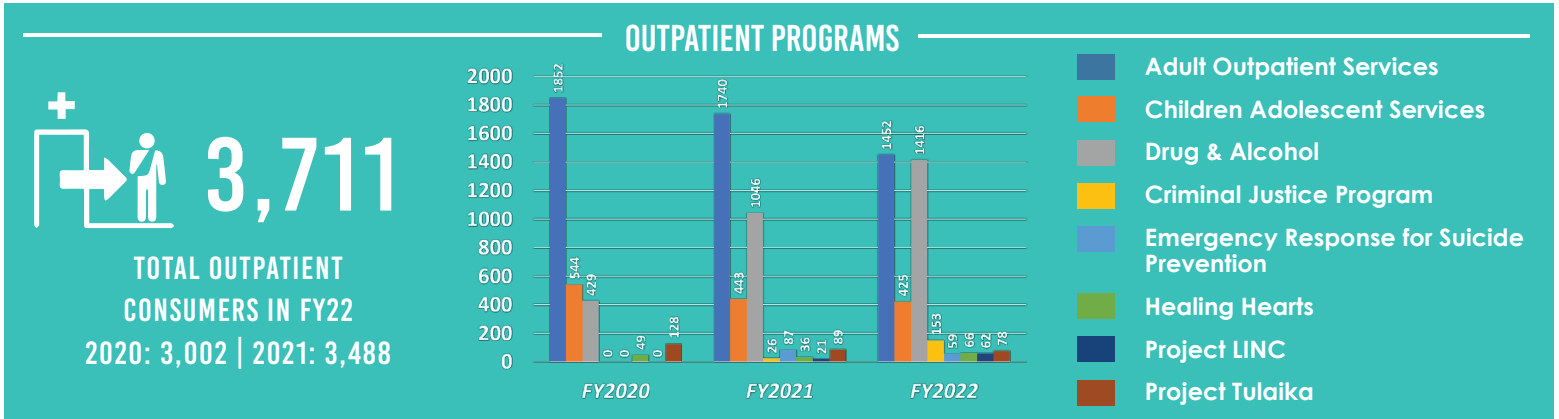
TOTAL CONSUMERS SEEN IN FY22
2020: 3,360 | 2021: 3,790

CONSUMERS BY GENDER

	Male	Female	Other	Did Not Disclose
FY20	1,876	1,473	11	0
FY21	2,195	1,577	15	3
FY22	2,457	1,618	27	17

CONSUMERS BY SERVICE

	Outpatient	Crisis	RRP
FY20	3,002	478	27
FY21	3,488	714	25
FY22	3,711	795	26



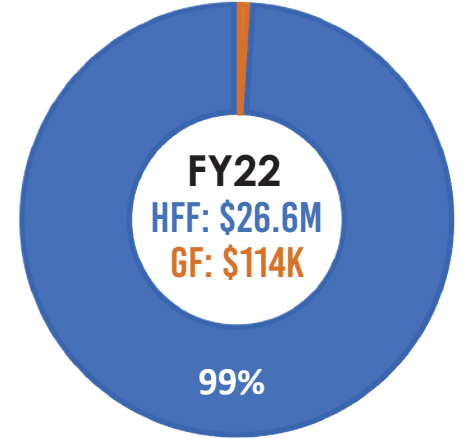
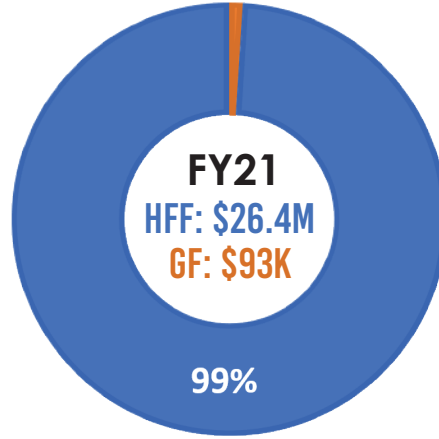
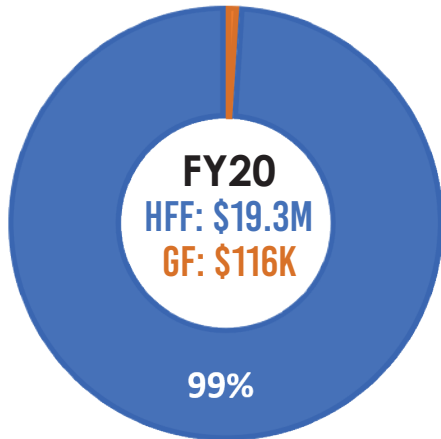
\$26.8M

IN EXPENDITURES FOR FY22

2020: \$19.4M
 2021: \$26.5M



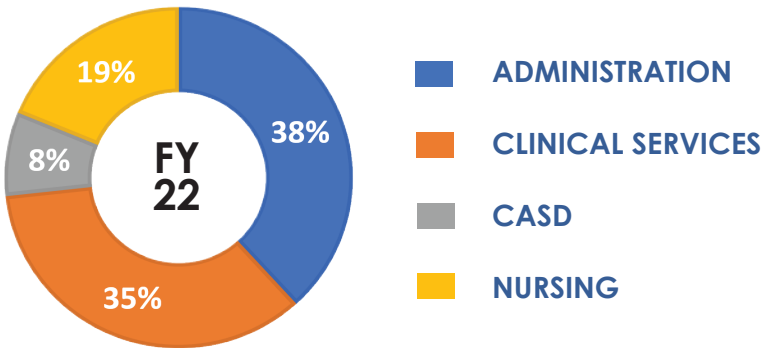
GBHWC is primarily funded by Government of Guam's Healthy Futures Fund, with a small portion funded by the General Fund



GENERAL FUND

HEALTHY FUTURES FUND

EXPENDITURES BY CATEGORY



	FY2020	FY2021	FY2022
ADMINISTRATION	14,112,172	10,636,815	6,458,916
CLINICAL SERVICES	2,082,374	4,603,161	5,923,895
CASD	1,189,087	1,492,863	1,346,958
NURSING	2,036,428	1,934,013	3,169,802

Expenditures are broken down into four major categories: Administration, Clinical Services Division, Child Adolescent Services Division (CASD), and Nursing Services Division. Administration includes medication as well as all professional support unit staff including psychiatrists, physicians, psychologists, and pharmacists.

ADDITIONAL FUNDING SOURCES

GBHWC continues to aggressively pursue federal funding through grant opportunities that are aligned with its overall mission and vision. This additional funding allows GBHWC to augment existing support services.




\$9.75M

FEDERAL DOLLARS IN FY22

2020: \$6.62M
 2021: \$7.83M

MILESTONES

\$301K **BILLING**



TOTAL REVENUES FROM BILLING/CLAIMS IN FY22
 2020: \$634K
 2021: \$430K


In FY22, billing worked hard to complete processing claims for the prior years, with the collection amount stabilizing at \$301K.

988

In 2022, the Guam 988 Lifeline Center along with the rest of the nation transitioned from a 10-digit number to 988, offering a 3-digit, easy to remember number to provide support for those in emotional distress or suicidal crisis. Calls to the Guam 988 Lifeline Center increased by roughly 4,000 calls from the previous year.


988 SUICIDE & CRISIS LIFELINE

As a result of hiring a full-time pharmacist in 2019, the total number of prescriptions filled at GBHWC increased by 206%.



15,445
TOTAL PRESCRIPTIONS FILLED IN FY22
 2020: 13,184
 2021: 15,331

SUD CONFERENCE



708
TOTAL ATTENDEES IN FY22
 2020: 804
 2021: 611

ANNUAL VIRTUAL REGIONAL CONFERENCE ON SUBSTANCE USE DISORDERS AMONG PACIFIC

This annual conference addresses the barriers to delivering responsive treatment and recovery across the pacific.

OUTLOOK



1. Achieve CARF re-accreditation for another three years



2. Establish a Psychiatry Resident Program through University agreement



3. Increase home-base services



4. Pursue federal funding to expand needed and current services

