

## WHAT'S INSIDE:

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### LEADERSHIP



Carissa E. Pangelinan, MPA  
Director

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Deputy Director

### MISSION

Our mission is to lead and foster culturally respectful and inclusive quality behavioral health services that strengthen the wellbeing of our community.

### VISION

Our vision is to have a safe, supportive and holistically healthy community.

### LOCATIONS

#### Main Facility

790 Gov. Carlos G. Camacho Road  
Tamuning, Guam 96913

#### Children and Adolescent Services Division

Ste. 109F J&G Commercial Center  
Hagatna GU 96910

#### "New Beginnings" Drug and Alcohol Division

Ste. 105F J&G Commercial Center  
Hagatna GU 96910

Healing Hearts Crisis Center  
Tamuning, GU 96913

#### Residential Homes

Guma Asusena - Asan Guam  
Guma Serenidad - Agat, Guam  
Guma Pahong - Dededo, Guam

### WHAT WE DO:

Public Law 17-21, Guam Behavioral Health and Wellness Center (GBHWC) was created to:

- Provide comprehensive mental health, alcohol and drug programs and services for the people of Guam;
- To continually strive to improve, enhance and promote the physical and mental well-being of the people of Guam who experience the life-disrupting effects of mental illness, alcoholism and drug abuse or are at risk to suffer those effects and who need such assistance.
- To encourage the development of privately-funded community-based programs for mental health, drug and alcohol abuse, in particular those programs that employ qualified local residents.



### CARE Values:



**Cultural Humility**



**Achievement**



**Respect**



**Engagement**



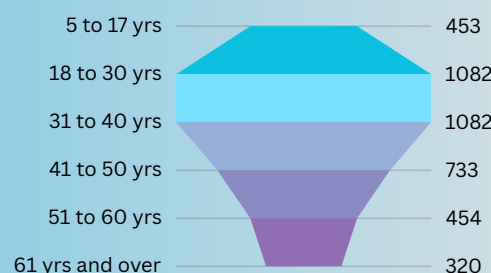
### STRATEGIC GOALS

1. Continuously provide and expand comprehensive community-based services
2. Expand community partnerships to effectively meet the needs of the island community and to increase the public's awareness of behavioral health and substance use challenges, and cognitive disabilities.
3. Effectively re-integrate clients into the community. Provide safe, effective and evidence based behavioral health services that will improve the quality of care

### WHO WE SERVE

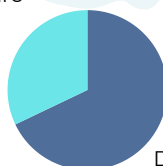
**4,124 CLIENTS SERVED  
IN FY23**

Breakdown by age can be  
found to the right.



### 296 EMPLOYEES

Indirect-Care  
32.1%



Direct-Care  
67.9%

### WHO WE ARE

Direct-care staff work directly with clients, providing hands-on support and implementing treatment plans and behavioral interventions. Indirect-care staff, on the other hand, focus on administrative, supervisory, and logistical tasks to support the overall operations and ensure the effective delivery of services.

## OUR PROGRAMS

### CRISIS SERVICES

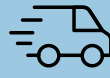
GBHWC offers multiple interventions offering services 24/7 for individuals experiencing our crisis: Lifeline Center; Mobile Crisis Response Team (MCRT) that responds to crises in the community; our crisis stabilization programs such as the Adult and Children crisis-stabilization units, and the 3.7 detox unit; and the Healing Hearts Crisis Center that helps rape and sexual assault victims.



**12,408 calls**  
to our Lifeline Center  
FY22 - 8,437 calls



**783 admissions**  
to one of our inpatient  
programs.  
FY22-795 admissions



**119 activations**  
by MCRT  
FY22 - 119 activations



**104 survivors**  
assisted through HHCC  
FY22 - 77 clients

### OUTPATIENT SERVICES

| Program                       | FY22 | FY23 | %     |
|-------------------------------|------|------|-------|
| Adult Outpatient Services     | 1452 | 1303 | 35.6% |
| Drug and Alcohol Services     | 1416 | 1527 | 41.8% |
| Child and Adolescent Services | 425  | 375  | 10.3% |
| Criminal Justice Program      | 153  | 290  | 7.9%  |
| Other                         | 140  | 160  | 4.4%  |

Outpatient services include Wraparound, case management, and counseling or therapy services for individuals and families between the ages of 4 years old to older adulthood. GBHWC's Criminal Justice Program offers outpatient services and substance use recovery (RSAT) programs for incarcerated individuals. Lastly included in the "Other" Category are clients served by our Federally Funded programs such as Project LINC and Project Tulaika.

### PREVENTION, EDUCATION, AND COMMUNITY EMPOWERMENT PROGRAM

#### 516 INDIVIDUALS CERTIFIED

These individuals have been trained in an evidence-based training provided by GBHWC such as LivingWorks' safeTALK or ASIST; Mental Health First Aid; and Raw Coping Power (Stress Management Training).



#### 17,857 CONNECTIONS

These connections are people who attended a presentation or an outreach by GBHWC, including outreach completed during Typhoon Mawar recovery at collaborative efforts with FEMA, DPHSS and Governor's Office.

## TYPHOON MAWAR RESPONSE



Wellness check-ins with **11,494 individuals** to offer mental health support through the Mangaige Ham 'We are Here' Program

**100 mental health assessments** individuals in temporary homeless shelters and in critical housing areas.



Contributed to efforts to pack and distribute **7,500 bags of food** commodities led by Guam Department of Education.



Distributed **258 bags** of canned food and 200 cases of water to displaced GBHWC clients and their families.

Provided mental health resources to visitors of all **four Disaster Recovery Centers**.



#### 2023 HUSTICIA AWARD

Recognizing their exemplary efforts towards the betterment of Guam and her people, the Judiciary of Guam presented the 2023 Husticia Award to GBHWC in a ceremony held on May 10, 2023.



#### FIRST DOCTORAL PSYCHOLOGY INTERNSHIP GRADUATE

Ladera Linn is the first graduate from the Guam Psychology Internship Consortium, a 12-month pre-doctorate intensive clinical training hosted by GBHWC and Western Interstate Commission for Higher Education (WICHE).



#### PSYCHIATRY RESIDENCY PROGRAM

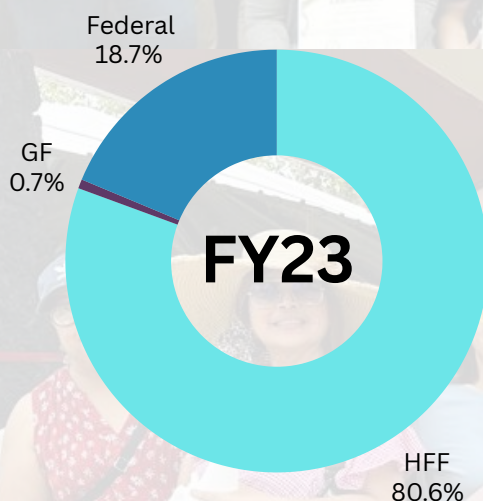
Partnered with the University of New Mexico, psychiatric residents now have the opportunity to conduct a 6-month rotation as part of their psychiatry program, assisting with Guam's shortage in Psychiatrists.



# FINANCIALS

## FUNDING SOURCES

GBHWC is primarily funded by Government of Guam's Healthy Futures Fund, with a small portion funded by the General Fund. Tobacco tax is the largest source of funding for the Healthy Futures Fund and has been projected to trend downward as the culture shifts from Cigarettes to electronic nicotine delivery systems. To help deter the impact, GBHWC aggressively pursues federal grant opportunities.

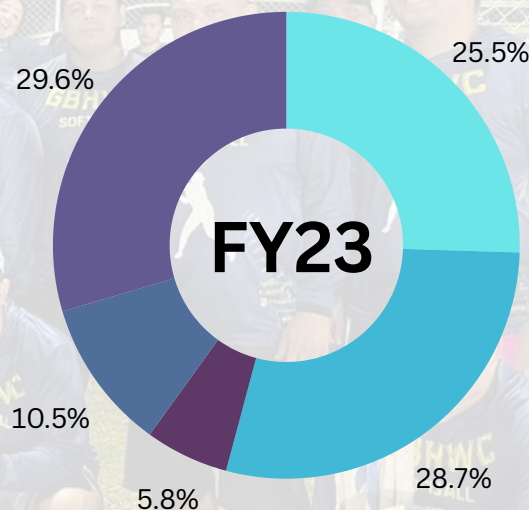


| FUNDING SOURCES |                                      |         |         |         |
|-----------------|--------------------------------------|---------|---------|---------|
| FUNDING SOURCE  |                                      | FY23    | FY22    | FY21    |
|                 | GOVERNMENT OF GUAM GENERAL FUND (GF) | \$216K  | \$114K  | \$93K   |
|                 | HEALTHY FUTURES FUND (HFF)           | \$24.7M | \$26.6M | \$26.4M |
|                 | FEDERAL GRANTS                       | \$5.72M | \$9.75M | \$7.83M |
| TOTAL           |                                      | \$30.6M | \$36.4M | \$34.3M |

## EXPENSES

Expenditures are broken down into five major categories: Administration, Clinical Services Division, Child Adolescent Services Division (CASD), and Nursing Services Division, and federal funds. Administration includes medication as well as all professional support unit staff including psychiatrists, physicians, psychologists, and pharmacists. Expenses also fund mental health therapy, case management services, residential treatment, crisis services, and more.

| EXPENSES BY CATEGORY |                               |              |              |              |
|----------------------|-------------------------------|--------------|--------------|--------------|
| CATEGORY             |                               | FY23         | FY22         | FY21         |
|                      | ADMINISTRATION/CONTRACTS      | \$7,006,737  | \$6,528,920  | \$9,832,917  |
|                      | CLINICAL SERVICES             | \$7,805,187  | \$5,967,953  | \$4,655,944  |
|                      | CHILD AND ADOLESCENT SERVICES | \$1,558,455  | \$1,346,958  | \$1,491,383  |
|                      | NURSING                       | \$2,825,346  | \$3,169,802  | \$1,914,551  |
|                      | FEDERAL                       | \$7,967,343  | \$8,947,299  | \$5,122,540  |
| TOTAL                |                               | \$27,163,068 | \$25,960,932 | \$23,017,335 |





# OUTLOOK

## ★ MAINTAIN CARF ACCREDITATION

Maintaining accreditation with the Commission on Accreditation of Rehabilitation Facilities (CARF), not only enhances credibility and trust among clients, staff, and stakeholders but also drives continuous improvement and accountability. CARF Accreditation reflects a dedication to providing person-centered services that prioritize the unique needs and goals of those served. CARF Accreditation reflects a dedication to providing person-centered services that prioritize the unique needs and goals of those served.

## ★ INCREASE HOME-BASE SERVICES.

Home-based care promotes early intervention, enhances convenience, and supports the overall well-being of individuals by creating a safe and familiar setting for treatment. Expanding these services ensures a more inclusive, equitable approach to behavioral health care, empowering individuals to achieve better outcomes and lead healthier lives.

## ★ PURSUE FEDERAL FUNDING TO EXPAND SERVICES.

Federal funding is vital for state behavioral health agencies to expand programs such as Therapeutic Foster services, more residential treatment services for children, Assisted Outpatient Treatment, improved residential treatment services for pregnant and postpartum women, and more; enhance service delivery, and implement innovative solutions to meet the diverse needs of communities. It supports workforce development, addresses systemic challenges, and ensures equitable access to sustainable mental health care for individuals and families.

## ★ CAPITAL IMPROVEMENT - NEW BEGINNINGS BUILDING

The Guam Behavioral Health and Wellness Center requires a new drug and alcohol treatment building to meet the growing demand for substance abuse services. A dedicated facility would enhance treatment capacity, including outpatient care and education programs, while addressing issues like rising methamphetamine use. This investment would strengthen the center's ability to support individuals battling addiction and improve community well-being.

*We want to hear from you. Do you like this report? Do you believe it should include any other information? Please let us know by contacting [directors.office@gbhwc.guam.gov](mailto:directors.office@gbhwc.guam.gov)*

