


GUAM BEHAVIORAL HEALTH AND WELLNESS CENTER		
TITLE: Residential Recovery Program Description and Scope of Services	POLICY NO: CL-RRP-01	Page 1 of 1
RESPONSIBILITY: Residential Program		
APPROVED BY:  4/27/23 THERESA C. ARRIOLA, DIRECTOR	DATE OF ORIGINAL APPROVAL: 10/11/2016	
	LAST REVIEWED/REVISED: 04/09/2021	

PURPOSE:

To provide an overview of the Residential Recovery Program Treatment program description and scope of services, that will guide staff in the delivery of such services at the Guam Behavioral Health and Wellness Center (GBHWC). This policy will meet the Commission on Accreditation of Rehabilitation Facilities (CARF) 2020 standards section 2A.1, 2A.3 and 2A.9.

POLICY:

- A. GBHWC Residential Recovery Program (RRP) is under the Clinical Services Division that supports recovery from serious mental illness, assisting each individual to develop interpersonal and practical living skills within the structured residence that will prepare them to live independently.
- B. Eligibility Criteria are as follows:
 - 1. The individual is at least 18 (eighteen) years old, lives in Guam and meets GBHWC's complex case criteria, is medically stable and in good physical health where skilled nursing care or regular nursing care will not be required, and
 - 2. The individual demonstrates symptomatology consistent with the most current version of DSM diagnosis which requires and can reasonably be expected to respond to therapeutic treatment; and
 - 3. The individual lacks skills sufficient to maintain himself/herself in the community with treatment at a lower level; and
 - 4. The individual is willing to enter the program, and agrees to follow their recommended treatment plan, as well as, to abide by the house rules (consent may be obtained through a consumer's guardian if applicable); and
 - 5. The individual is able to pay for (or has support to pay for) food, hygiene, and clothing needs, either through a private or public funding source; and
 - 6. The individual is able to walk, or has the ability to use a cane, walker or wheelchair independently; and
 - 7. The individual meets the specific admission criteria for one of the levels of care provided by the RRP:
- C. Discharge criteria are as follow;
 - 1. Voluntary Exit
 - a. Adults may choose to leave the program at any time.
 - b. The individual's documented treatment plan goals and objectives have been substantially met, and/or a safe, continuing care program can be arranged at a lower level of care.
 - c. Client has achieved the maximum benefit from the program.

2. Involuntary exit
 - a. The individual is competent but not engaging, that treatment at this level of care is rendered ineffective or unsafe, despite multiple, documented attempts to address non-participation issues.
 - b. The individual poses a threat to or seriously violated program rules (even with reasonable accommodations) and such violation(s) significantly affects the safety and welfare of other individuals in the home;
 - c. The individual is not making progress toward treatment goals and there is no reasonable expectation of progress at this level of care based on behavioral reporting, evaluation, and documented lack of progress by the treatment team.
 - d. The individual elopes from the facility and cannot be located.
 - e. The individual expires. Discharge date should reflect the same date as the date of death.
 - f. The individual is transferred to other services or facility.
 - i. Incarceration

- D. Residential Behavioral health services are funded through combined GBHWC funds as determined by appropriations, and third-party payors. Consumers are responsible for food, clothing, toiletries, and a few other goods that are not included in the program. Individuals are responsible for identifying funding sources necessary to provide such items.

PROGRAM PHILOSOPHY GOALS AND OBJECTIVE

GBHWC's mission is to provide a culturally respectful, quality behavioral health services, that support and strengthen the well-being of the persons served, their families and the community in a safe environment. It envisions a healthy island, committed to promoting and improving the behavioral health and well-being of our community.

GBHWC Residential Recovery Program (RRP) is dedicated to providing services that promote recovery and independence through care, community, family, and skill development leading to a successful transition into a safe, appropriate and supportive living environment in the community.

Skill development is the primary focus of the program to help individuals achieve a meaningful life and to function to their fullest capacity.

DESCRIPTION AND SCOPE OF SERVICES

The residential treatment program provides a home-like atmosphere where individuals who have severe and persistent mental illness can reside while receiving therapeutic treatment. The program uses both individual and group approaches in assisting each individual to develop interpersonal and practical living skills within the structured residence that will prepare them to live independently.

The program has varying levels of care based on the supervision needs, behavioral concerns and assistance needed with activities of daily living.

Description Domains	Level 1	Level 2	Level 3
Environment	Individual requires a highly structure environment	Consumers require a moderately structured environment;	Consumers require a less structured environment
ADLs	Scores 1-3 in ADLS (moderate to fully assisted supervision). Requires verbal prompts and stand by assistance to full assistance to perform ADLS. close monitoring, constant supervision, frequent prompts and assistance with activities of daily living	Scores 3-4 in ADLS (minimal to moderate supervision) Consumer able to perform some steps but requires staff to stand by as needed for visual supervision to requires some verbal prompts and stand by assistance to perform ADLs.	Scores 4-5 in ADLS (minimal supervision to fully independent) Consumer able to perform some steps but requires staff to stand by as needed, to consumer able to perform all steps without assistance, prompts or supervision.
Behavior	Consumer have significant or severe behavior concerns.	Consumers have moderate behavior concerns.	Consumers have minimal behavior concerns.

It provides community-based habilitation/rehabilitation and treatment services utilizing a multidisciplinary treatment team (MDTT) approach that collaboratively develops the individualized treatment specifically to address the consumers' needs, goals, and objectives. Consumer are referred to Psychiatric and Psychological services in GBHWC's outpatient services program.

Services	Scope of Services
Screening Assessment	Access to RRP is through a referral from the Adult Outpatient Program. RRP screens and assess referrals based on the Outpatient Services Lead Provider's case presentation, and Psychological Assessments.
Case Management	The RRP assists the consumers in choosing, accessing, and utilizing the community and natural supports that facilitate recovery. Assist consumers obtain services such as day treatment, healthcare, housing, benefits, transportation, legal assistance, and substance abuse support services.
Counseling	Family/Individual Supportive Counseling therapy including group therapy utilizing evidence based treatment interventions.

Psychological Services	A psychological assessment or evaluation is completed upon referral and annually. Behavior plans are prepared based on the clinical needs of the consumer.
Psychiatric Services	Diagnosis and treatment with medications.
Nursing Services	Administers medications, conducts assessments for clients who may need in-patient admissions, available for consultation on psychiatric medications and participates in client treatment team meetings.
Treatment planning	Based on the individual's strengths, needs, abilities, and preferences to prepare the individual to integrate back into the community.
Skill Building Activities	RRP provides consumers with activities and experiences to develop the skills they need to support a successful transition into a safe, affordable, appropriate, and permanent setting integrated in the community. Skill building activities such as socialization training skills, community living, independent living skills training, self-care, domestic skills training.
Discharge/Transition Planning	RRP provides transitioning and discharge planning to assist the consumer to move from one level of care to another.

PROGRAM CAPACITY AND STAFFING

RRP program has 3 residential units in the community accommodating 21 consumers. Each consumer has his/her own bed and personal area, and is expected to make his/her own bed and clean around the bedroom with assistance from the staff, if needed.

Staff patterns are designed to provide the level of staffing needed to ensure the health, safety, and welfare of the consumers in the homes. Depending on the population in the home and concurrent with the consumers' treatment plans, some consumers may live in a home with a reduced amount of supervision. At least two personnel are on site twenty-four (24) hours a day seven (7) days per week.

DEFINITION ROLE AND FUNCTION

Positions	Responsibility	Qualifications
Psychiatric Technician	Provides care and supervision within the home, assisting in implementing the behavioral / treatment plan. Assist with life skills and other identified needs. The staff provide transport to and from appointments; such as	Has a high school diploma or GED. Must have trained and certified in the Professional Crisis Management Authority (PCMA) program, Behavioral Tools as well as in Cardiopulmonary resuscitation (CPR) and other related training in managing behaviors such

	counseling. Medical/psychiatric, court hearing, and other pertinent meetings and activities.	as the Collaborative Problem Solving (CPS) approach
(1) Social Worker	The primary worker of the consumer and the one who develops the Treatment plan which is shared with the RRP staff.	Social Workers must have a bachelor's degree in Social Work or other related behavioral health field
(1) Counselor	Provides counseling	Master level or higher in behavioral health field
Psychiatrist	Part of the clinical team providing the services. Consulted as necessary in the main Facility.	Holds a medical degree, or a degree in osteopathic medicine with a specialization in Psychiatry.
Psychologist	Provides Psychological evaluation and behavioral plans as needed	Clinical Psychologist holds a doctor-level degree either a PhD or a PsyD
Registered Nurse	Administers medications, conducts assessments for clients who may need in-patient admissions, available for consultation on psychiatric medications and participates in client treatment team meetings.	Bachelor's degree in Nursing and is licensed to practice on Guam
Residential Program Manager	Administrative	Has a bachelor's degree in public or business administration, or a related field, with at least two (2) years' experience in residential care services. The RPM is responsible for day-to-day operations (e.g. scheduling psych techs, psych tech time sheets) and administrative tasks involved in the management of the homes. He /She maintains liaison with other agencies that may be impacted by transitions.



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REVIEW AND ENDORSEMENT CERTIFICATION

The signatories on this document acknowledge that they have reviewed and approved the following:

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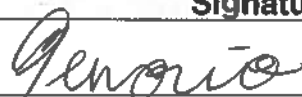
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