


GUAM BEHAVIORAL HEALTH AND WELLNESS CENTER		
POLICY TITLE: Crisis Stabilization Unit Program Description and Scope of Services	POLICY NO: CL-CSU-01	Page 1 of 3
RESPONSIBILITY: Nursing Services Division		
APPROVED BY:  1/27/23 THERESA C. ARRIOLA, DIRECTOR	DATE OF ORIGINAL APPROVAL: 9/13/2016	LAST REVIEWED/REVISED: 12/2/2019; 1/5/21; 04/28/2021

PURPOSE:

To provide an overview of the crisis stabilization program description and scope of services that will guide staff in the delivery of such services at the Guam Behavioral Health and Wellness Center (GBHWC). This policy will meet the Commission on Accreditation of Rehabilitation Facilities (CARF) standards section 2A.1, 2A.3 and 2A.9.

POLICY:

- A. Guam Behavioral Health and Wellness Center (GBHWC) is the sole state entity providing crisis stabilization services to both child and adult population. Crisis Stabilization program is under Nursing Services Division.
- B. The crisis stabilization program provides structured crisis stabilization services in a locked unit that is safe. The unit provides crisis interventions necessary to stabilize and restore the person to a level of functioning requiring a less restrictive level of care. The program capacity are as follow;
 1. Adult Inpatient Unit - 16 bed capacity
 2. Child Inpatient Unit – 12 bed capacity
- C. GBHWC's Crisis Stabilization Program shall serve both child and adult consumers' who are experiencing behavioral mental health needs, including alcohol or other drug use and addictions and other psychiatric disorders.
 1. Services will be provided in the inpatient settings within the GBHWC main facility 24 hours a day 7 days a week.
 2. Crisis Intervention Services at GBHWC is available 24 hours a day, 7 days a week.
- D. The crisis stabilization unit **eligibility criteria** are;
 1. Individuals should be 18 years of age or older for the adult outpatient unit and 17 years and younger for the child inpatient unit.
 2. The individual is medically stable and free of any severe medical problems needing medical services exceeding GBHWC logistical and human resources. The admitting professional and/or in consultation with CSU staff determines medical need severity. and/or
 3. The Individual demonstrates a significant incapacitating or debilitating disturbance in mood/thought/behavior interfering with ADLs to the extent that immediate stabilization is required; and/or
 4. The Individual demonstrates active symptomatology consistent with the most current version of DSM diagnosis which requires and can reasonably be expected to respond to intensive, structured intervention within a brief period of time; and/or
 5. Individuals are an imminent danger to themselves, danger to others, and/or gravely disabled and/or
 6. The Individual requires 24-hour observation and supervision; and

- 7. Clinical evaluation indicates that the individual can be effectively treated with intensive crisis intervention services and returned to a less intensive level of care within a brief time frame.
- E. **Discharge criteria** are met when consumers no longer meets admission criteria and completed the treatment program, or the individual develops a medical condition or has a medical emergency that requires admission to an acute care medical facility, consumer chooses to leave against medical advice, or consent for treatment is withdrawn by the parent/legal guardian of the child and it is determined that the individual has the capacity to make an informed decision and does not meet criteria for an involuntary admission.
- F. Behavioral health services are funded through blended GBHWC funds as determined by appropriations, grants and third-party payers.

PROGRAM PHILOSOPHY GOALS AND OBJECTIVE

GBHWC’s mission is to provide a culturally respectful, quality behavioral health services, that support and strengthen the well-being of the persons served, their families and the community in a safe environment. It envisions a healthy island, committed to promoting and improving the behavioral health and well-being of our community. We are committed to a culture of recovery throughout our systems of care, in our interaction with one another, and with those persons and families who trust us with their care

It is our mission to provide crisis stabilization services in a safe structured setting; restore the person to a level of functioning which requires a less restrictive level of care.

DESCRIPTION AND SCOPE OF SERVICES

The Crisis Stabilization Program shall provide screening, assessments, evaluation, treatment (counseling therapy, medication management), program development, suicide prevention activities, /discharge planning as well as appropriate documentation of services. Specific services are delineated in the consumer information brochures.

Services	Scope and Description of Services
Screening & Orientation	An initial process that screen consumers for eligibility to the program, or whether a service can be provided to the consumer based on their needs.
Intake Assessment	For needs related to mental illness includes an evaluation of the life domains of persons served including psychiatric, medical, financial, social, housing, vocational. Assessment instruments include Level 1 Cross-Cutting Symptom Measures and C-SSRS, if applicable.
Psychiatric Assessment and Evaluation	GBHWC psychiatrists are qualified medical doctors who specialize in diagnosing, preventing, treating, rehabilitating mental, behavioral, substance use disorders and physical problems related to psychological issues. Psychiatric care includes an initial psychiatric evaluation, diagnosis, prescription of the treatment plan, and rehabilitation. The treatment plan can include prescription of medications and involvement of an interdisciplinary team of nurses, social workers and psychologists.

Nursing Services	Nursing services are provided by a team of Registered Nurses, Licensed Practical Nurses and Psychiatric technicians. Registered Nurses are responsible in developing a plan of care that focuses in managing the psychiatric, behavioral or substance use disorder symptoms to improve patient's quality of life. Plans of care are done in collaboration with the psychiatrist, the patient, the patient's family, psychiatric technicians, and other clinicians involved in the patient's care. Nursing services include psychoeducational support for consumer and respective caregivers for sustainability of recovery
Counseling Service	Conduct assessments to evaluate, assess, diagnose and treat undesired behavior, develop individualized treatment plans, facilitate individual or group therapy sessions, psycho-education, make referrals and consultations with clinical team and medication management.
Case management Service	Referrals and linkage to outpatient support services including healthcare, legal assistance, substance abuse support services, education, and vocational needs
Medication management	Medication management is a nurse-specific responsibility in nursing services. It is the process of overseeing the medications prescribed for a patient to ensure they are taken properly and achieving their planned, therapeutic outcome. The objectives of medication management are identifying and managing behaviors that may be putting patients at risk for an adverse drug event, overdosing, underdosing, or missing medications, or other factors that may limit a patient's adherence to medication.
Substance Use Disorder Counseling/Therapy	Substance Use Disorder Counseling/Therapy is provided through the use of the ASAM assessment tool
Interpretive Services	GBHWC provides communication access to individuals who may have hearing impairment, speak a primary language other than English, or may need another mode of communication through the services of CyraCom International.
Daily programing, including: Recreation Group activities Family/Support Visitation	Activities that aim to provide life skills and daily living activities.

DEFINITIONS:

REFERENCE(S):

ATTACHMENT(S):



GUAM BEHAVIORAL HEALTH & WELLNESS CENTER

790 Gov. Carlos G. Camacho Rd. Tamuning, Guam 96913
TEL: (671) 647-5440 FAX: (671) 649-6948

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REVIEW AND ENDORSEMENT CERTIFICATION

The signatories on this document acknowledge that they have reviewed and approved the following:

Policy Title: Crisis Stabilization Unit Program Description and Scope of Services
Policy No.: CL-CSU-01
Initiated by: Nursing Administrator

Date	Signature
11/10/2022	

Leonora Urbano, MSN, RN-BC
Nursing Services Administrator

Date	Signature
12/19/2022	

Reina Sanchez, M.A.
Clinical Administrator

Date	Signature
12/2/22	

Dr. Davina Lujan
Medical Director

Date	Signature
11/22/20	

James Cooper-Nurse, Ph.D.
Child-Adolescent Services Division Administrator

Date	Signature
11/10/2022	

Luisa Tenorio
Technical Assistance Coordinator,
Regulatory Compliance/Quality Improvement

Date	Signature
1/26/23	

Carissa Pangelinan
Deputy Director