GUAM BEHAVIORAL HEALTH AND WELLNESS CENTER REVIEW AND ENDORSEMENT CERTIFICATION

The signatories on this document acknowledge that they have reviewed and approved the following:

[x] Policies and Procedure	Submitted by: Cydsel Toledo
[] Protocol/Form	Policy No: CL-46
[] Bylaws	Title: Peer Support Services

	Date	Signature	
Reviewed/Endorsed	6/5/17	Selvin ant	
Title	Name Title	🖟 Sylvia Quinata	
		Adult Counseling Supervisor	
	Date	Signature	
Reviewed/Endorsed	6/8/17	Right Pal	
Title	Name Title	Reina Sanchez	
		Community Support Services Supervisor	
	Date	Signature	
Reviewed/Endorsed	4.5.17		
Title	Name Title	Athena Duenas	
		Drug and Alcohol Supervisor	
	Date	Signature	
Reviewed/Endorsed		Surprigo	
Title	Name Title	Andie Unpingco	
		Administrator CASD	
	Date	Signature	
Reviewed/Endorsed	JUN 0 8 201	Rym.rk	
Title	Name Title	Rey M. Veda	
		Director	

GUAM BEHAVIORAL HEALTH AND WELLNESS CENTER				
TITLE: Peer Support Services		POLICY NO:	Page 1 of 2	
		CL-46		
RESPONSIBILITY: Child Adolescent Services Division and Drug and Alcohol Program				
APPROVED BY: Rem. M.		EFFECTIVE: 4N 0 8 2017		
	DIRECTOR)	LAST REVIEWED	LAST REVIEWED/REVISED:	

PURPOSE:

To define the role of the peer support specialist and the peer support services provided by Guam Behavioral Health and Wellness Center. To increase understanding, reduce confusion, and provide a path to successful integration of peer support specialists in the delivery of quality services.

POLICY

- A. Guam Behavioral Health and Wellness Center has in its staffing pattern peer support specialist or peer recovery coaches, who provides input in the process of development, designing and implementing peer support services. The Center believes that peer support is a vital component to recovery from mental health and substance abuse conditions.
- B. Peer- run services are based on the principle that individuals who have shared similar experiences can help themselves and each other.
- C. Peer support specialist or Peer Recovery Support Coaches will be provided with a documented competency based training that is based on a recognized peer support curriculum and other trainings related to their roles and duties such as but not limited to
 - a. Personal Advocacy
 - b. Engagement
 - c. Recovery Resiliency Principles; supporting personal recovery goals or building on resiliency.
 - d. Community supports/connection; community networking.
 - e. The effective use of sharing life experiences; mentoring/mentorship.
 - f. Parenting skills as applicable.
 - g. Ongoing training on current practices on peer support services.
 - h. Key concepts and strategies on peer recovery support practice.
 - i. Direct service activities performed by peer support specialist as applicable such as bridging or navigating.
 - j. Confidentiality, Health Insurance Portability and Accountability (HIPAA), and Sexual Assault.
- D. Each peer specialist shall sign the Code of Ethics/Conduct for Peer Specialist.

DEFINITIONS:

<u>Peer Support Specialist:</u> are persons who share with others based on their lived experience to encourage, motivate and support consumers and/or their families.

<u>Peer Recovery Support Coaches:</u> are peer specialists that act as a recovery and empowerment catalyst: guiding the recovery process and supporting the individual's goals and decisions.

REFERENCE(S):

Substance Abuse and Mental Health Services Administration, Financing Center of Excellence; v.2 May 12, 2011. *Recovery Support Services: Peer Recovery Support Coaching Definition Rockville, Md.* available at https://www.samhsa.gov/recovery/peer-support-social-inclusion

2016 Commission on Accreditation for Rehabilitation Facilities; *General Program Standards 2.A. Program/Service Structure, Peer Support Services*

RELATED POLICY (IES):

SUPERSEDES: Title; Policy No.; Effective Date/signature date; Approving individual's name

ATTACHMENT(S):