



**Training Location:**



**University of Guam  
School of Business & Public Administration  
IT&E Lecture Hall  
Room #131  
Mangilao, Guam**

**March 21 through 23, 2016**

**Registration Information**

Contact Dr. Lilli Perez or Marie Baletto-Sherwin

at

(671) 478-5400/1

or E-mail

at

[lilli.perez@dphss.guam.gov](mailto:lilli.perez@dphss.guam.gov)

[marie.baletto-sherwin@dphss.guam.gov](mailto:marie.baletto-sherwin@dphss.guam.gov)

Pre-Registration is **REQUIRED**

due to limited seating.

Cancellation must be made

*no later than March 7, 2016.*

# Pacific Rim Play Therapy

Individual, Couple and Family Counseling with a Specialization in Play Therapy



## Elizabeth Kong, M.A.

LMFT, LSC, RPT-S, ST-P

APT Approved Provider #15-444

Alongside her expertise in Play Therapy, Ms. Kong possesses a frame of reference in the delivery of services that reflects her level of Cultural and Linguistic Competence. Thus, Ms. Kong embodies the skills and perspective that promotes effective intervention.



## Play Therapy Training in Guam

**Brain Development  
in Young Children:  
Neurobiology, Trauma,  
Attachment and  
Intervention**

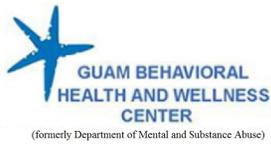


## The Therapeutic Power of Play!

**DATES:**

**March 21, 22, & 23, 2016**

**8am to 5 pm**



Funding for this training is made possible by a grant received by icareguam and Guam's Behavioral Health and Wellness Center. Additional support provided by I Famaguon-ta and the Guam Department of Public Health and Social Services ~ Project Kariñu and Guam LAUNCH and the University of Guam, Center for Excellence in Developmental Disabilities Education, Research, & Service (Guam CEDDERS).

# Brain Development in Young Children

## Neurobiology, Trauma, Attachment and Intervention

~ *The Therapeutic Power of Play!*

### CONTENT DESCRIPTION:

This training will introduce participants to the use of play therapy as a treatment approach to address trauma and attachment issues in young children. The training will provide a basic introduction on play therapy fundamentals, explore the efficacy of various play therapy treatment modalities and share current trauma-informed play therapy approaches, as well as how trauma affects individual functioning. We will discuss brain development basics and the effects of trauma on the brain and lead participants in experiential activities using art and music. Participants will also gain knowledge in how to strengthen the caregiver-child dyad. We will explore how culture plays a role in therapy.

### OBJECTIVES:

As a result of this training, participants will earn a total of **18 contact play therapy credit hours** and will be able to:

1. Identify two benefits of play therapy approaches when working with young children who have been traumatized.
2. Explain why play therapy is an appropriate and efficacious approach for traumatized young children and their families.
3. Identify two aspects of childhood brain development and the neurological view of trauma responses.

Day One	Day Two	Day Three
<i>Brain Development in Young Children and the Neurobiology of Play Therapy</i>	<i>Attachment Styles, Trauma and the Impact of Stressors on Young Children and Play Viewed Through an Asian-Pacific Islander</i>	<i>The Power of Play Therapy with Young Children and their Families: Considerations, Special Health Issues and Interventions</i>
8am - 8:30 - Sign-In/Registration	8am - 8:30 - Sign-In	8am - 8:30 - Sign-In
8:30 - 10:00 - Training	8:30 - 10:00 - Training	8:30 - 10:00 - Training
10:00 - 10:15 MORNING BREAK	10:00 - 10:15 MORNING BREAK	10:00 - 10:15 MORNING BREAK
10:15 - 12:00 - Training	10:15 - 12:00 - Training	10:15 - 12:00 - Training
12:00 - 1:00 LUNCH	12:00 - 1:00 LUNCH	12:00 - 1:00 LUNCH
1:00 - 2:45 - Training	1:00 - 2:45 - Training	1:00 - 2:45 - Training
2:45 - BREAK	2:45 - BREAK	2:45 - BREAK
3:00 - 4:30 - Training	3:00 - 4:30 - Training	3:00 - 4:30 - Training
4:30 - 5:00 - CLOSING AND DAY ONE EVALUATIONS	4:30 - 5:00 - CLOSING AND DAY TWO EVALUATIONS	4:30 - 5:00 - CLOSING AND DAY THREE EVALUATIONS